

If I had to pick one word to describe the GMAS program, I would choose 'FAMILY'. That's because we were treated as if we were a huge family. Ever since I started the program two years ago, I knew right off the bat that my fellow teammates were hardworking and dedicated people. I did not know what to expect, but I was certain that it would turn out for the best. I have never experienced such a great opportunity in my life. Not only did I gain experience in cheerleading, but I also grew friendships that I will never forget.

Not only did I have great teammates, but I had two of the most amazing coaches you can imagine. They both taught me so much about life in general as well as cheerleading itself. It was something about Pat and Amanda that made me want to drive myself to become the best I can be to make them proud.

Every year we have around four to eight competitions. They are usually local and involve other teams from around the country. It is much different from high school because you perform right after warm-ups, instead of waiting about an hour. Also, the competitions are usually held in big arenas with flashing lights. It is an amazing feeling looking up at the spotlight knowing that massive amounts of fans are watching you and you cannot even see one person.



Although times did get rough, GMAS always seemed to pull it together. For instance, last year (2006) was the first year the program began with only eight girls. But that fact did not stop us from our hard work at competitions and our dedication to do better things. For the upcoming season, the eight of us girls set the bar for the rest of the girls trying out. They know they had to work just as hard to maintain the level of dedication and commitment. I have no doubt in my mind that everyone put 100% of their heart into that team.



Coming from a person who is in love with cheerleading, GMAS was the best thing for me. I loved every aspect of this team and it was so hard for me to walk away. Leaving such a great program with caring parents, two great coaches, awesome teammates and a National Championship Title which we all earned, I will never be able to not show dedication. Although I am not cheering on the team anymore, my heart will always be with GMAS and I will do whatever I can to help out the team. If you are considering joining the GMAS program, I highly advise you to do so. I would hate to see a person miss out on such a terrific experience. Everyone on that team had a huge role in creating Success. I am certain that you will make a difference if you join the GMAS program. Thanks for your time.

From,  
Meredith Rufo  
Senior – “Class of 2007”

